



# 2019 Scot Trot 5k run/walk

Proceeds To benefit American Foundation For Suicide Prevention

Saturday, May 25, 2019

10:00 AM at Argyle Central School

Check in: starts at 8:00 AM race day at the school parking lot

Course: up route 40, across Kinney Road, down Route 197, back on Sheridan St to finish at the school. NO BIKES OR DOGS!

Entry Fee: \$20

FIRST 50 ENTRANTS ARE GUARANTEED A T-SHIRT!

Last name: \_\_\_\_\_

First Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Age on Race Day: \_\_\_\_\_ Male Female

Email: \_\_\_\_\_

SHIRT SIZE: S M L XL phone: \_\_\_\_\_

CHECKS PAYABLE TO: ARGYLE CENTRAL SCHOOL

Drop or Mail Entries: Argyle Central School 5023 State Route 40, Argyle, NY 12809

I know that running a road race is a potentially hazardous activity. I hereby attest that I am medically able and properly trained to run. I agree to abide by any decision of a race official relative to my participation and my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to falling, contact with other runners, traffic, weather, mud, wind, and road conditions, all such risks being known and appreciated by me. I, for myself and anyone entitled to act on my behalf, waive and release the Argyle Central School District and its employees, town and village of Argyle, Washington County, sponsors, volunteers, and officials, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. Further, I consent and give permission to use my likeness in photographs, records, motion pictures, recordings or any other record of my participation in this event or related activities for any legitimate purpose without remuneration.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent (If Under 18) \_\_\_\_\_

Contact Susan Passaro at [passaro\\_s@argylecsd.org](mailto:passaro_s@argylecsd.org) with any questions